

Caring  Community

Winsted Community Resource Guide

Updated March 2018

If you have any additions or changes to this Guide, please call
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WINSTED COMMUNITY RESOURCE GUIDE

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FOOD AND NUTRITION

<p>The Salvation Army 716 Main Street Winsted, CT 06098 860-379-8444</p>	<p>Food pantry and help applying for Supplemental Nutrition Assistance Program (SNAP)</p>	<p>Hours for the office: M-F 8:30am-4:40pm Food pantry hours: Tu. & W 2:00pm-6:00pm F 10:00am-2:00pm</p>
<p>Open Door Soup Kitchen St. James Episcopal Church 160 main Street Winsted, CT 06098 Parish House/rear entry 860-738-2449</p>	<p>Hot meals and warming center, food and personal care items and help applying for Supplemental Nutrition Assistance Program (SNAP)</p>	<p>Hours: M-F 9:00am-12:30pm & 2nd, 3rd & 4th Sat. 9:00am-12:30pm</p>
<p>CT Mobile Food Pantry Holabird Avenue/North Main Street college parking lot.</p>	<p>Perishable food items distribution (dairy, fruit, vegetables, etc)</p>	<p>3rd Thursday each month 12:00pm</p>
<p>Winsted Methodist Church 630 Main Street Winsted, CT 06098 860-379-6386</p>	<p>Food pantry 1 bag/month and used clothing closet</p>	<p>Hours: Thurs. and Sat. 9:00am-12:00pm</p>
<p>Food Stamps – see above</p>		
<p>Meals on Wheels Call 860-482-4151</p>	<p>Meal delivery for home bound, 60 years and older</p>	<p>Doctor confirmation required.</p>
<p>Winsted Senior Center 80 Holabird Avenue Winsted, CT 06098 860-379-4252</p>	<p>Daily lunch program. Menus in the monthly newsletter available at the Center or at www.townofwinchester.org/senior-center. \$4 donation.</p>	<p>Call before 11:30am the day before to make reservation Hours: M-F 8:00am-4:00pm</p>

HOUSING, FOR ELDERLY & DISABLED & SHELTERS

Chestnut Grove Apartments 80 Chestnut Street Winsted, CT 06098 860-379-4573	Housing for older adults and people with disabilities	Age, income requirements and services vary, call for details
Greenwoods Gardens Apartments Gay Street Winsted, CT 06098 860-379-1752	Housing for older adults and people with disabilities	Age, income requirements and services vary, call for details
Laurel Commons Apartments 75-81 Gay Street Winsted, CT 06098 860-379-7001	Housing for older adults and people with disabilities	Age, income requirements and services vary, call for details
Carriage Maker Place Apartments 19 Gay Street Winsted, CT 06098 860-379-7001	Housing for older adults and people with disabilities	Age, income requirements and services vary, call for details
Susan M.B. Perry Apartments 117 Spencer Street Winsted, CT 06098 860-738-1115	Housing for older adults and people with disabilities	Age, income requirements and services vary, call for details
The Glen Apartments 130 Willow Street Winsted, CT 06098 844-760-3036	Housing for older adults and people with disabilities	Age, income requirements and services vary, call for details
Winsted YMCA 480 Main Street Winsted, CT 06098	Homeless shelter and warming center	Access shelter by calling 2-1-1 860-379-0708
Torrington FISH 332 South Main Street Torrington, CT 06790 860-496-1648	Homeless shelter	Access shelter by calling 2-1-1
The Gathering Place 21 Prospect Street Torrington, CT 06790 860-618-3455	Services for the homeless: Showers & laundry facilities	Hours: M-F 9:00am-4:00pm

MEDICAL, HEALTH CARE and HOME CARE

<p>Community Health & Wellness Center (CHWC) 115 Spencer Street Winsted, CT 06098 860-238-4211</p>	<p>Non-emergency medical care Spanish speaking available Call to schedule an appointment</p>	<p>Hours: by appointment M-Th 8:00am-5:00pm Fri. 9:00am-5:00pm Closed weekends and holidays</p>
<p>Community Health & Wellness Center (CHWC) 160 Main St. Winsted, CT 860-238-4211</p>	<p>Medical case management by a MSW at the Open Door Soup Kitchen</p>	<p>Hours: W. 10:00am-12:30pm</p>
<p>Hungerford Emergency & Medical Care 115 Spencer Street Winsted CT 06098 860-738-6650</p>	<p>Urgent and emergency medical care</p>	<p>Hours: 7 days/week 9:00am-9:00pm</p>
<p>Veterans Primary Care Clinic 115 Spencer Street, Winsted CT 06098 860-738-6985</p>	<p>Care for immediate and chronic health concerns, preventive medical care, physical exams, diagnostic laboratory testing, general X-rays and limited immediate pharmacy services</p>	<p>Hours: by appointment For Veterans only</p>
<p>The Salvation Army 716 Main Street Winsted, CT 860-379-8444</p>	<p>Prescription assistance, restrictions apply so call for information</p>	<p>Hours: M-F 8:30am-4:30pm Evening hours TBD</p>
<p>Winsted Senior Center 80 Holabird Avenue Winsted, CT 06098 860-379-4252</p>	<p>Healthy Aging programs and clinics. Details in monthly newsletter available at the Center or at www.townofwinchester.org/senior-center or call</p>	<p>Hours: M-F 8:00am-4:00pm</p>
<p>Alzheimer's Association 115 Spencer Street Winsted, CT 06098 860-3083458</p>	<p>Resource for caregivers of people with Alzheimer's and dementia including support groups. For information visit www.alz.org/ct</p>	<p>24-hour helpline: 800-272-3900</p>
<p>Helping Hands Chore Service 115 Spencer Street Winsted, CT 06098 860-379-4099</p>	<p>In-home care services for older adults, age 60+. Services include: personal care, housekeeping, grocery shopping, meal prep, rides to medical appointments, medication reminders, light yard work, companionship and respite for family caregivers.</p>	<p>Hours: M-F 9:00am-4:00pm</p>

CLOTHING and HOUSEHOLD

Auxiliary Thrift Shop 120 Willow Street Winsted, CT 06098 860-379-1997	Clothing and household items for sale	Hours: M-F 10:00am-4:00pm Sat. 9:30am-12:00pm
Valley Thrift Shop 714 Main Street Winsted, CT 06098 860-739-2390	Clothing and household items for sale	Hours: M-F 10:00am-4:00pm Sa.t 11:00am-2:00pm
Winsted United Methodist Church 630 Main Street Winsted, CT 06098 860-738-6386	Used clothing bank	Hours: Th. and Sat. 9:00am-12:00pm
Winchester Youth Service Bureau 480 Main Street Winsted, CT 06098 860-379-0708 x111	Critical clothing needs for youth	
Hands of Grace 8 Wickett Street Pine Meadow New Hartford, CT 06061 860-738-0299	A ministry of St Paul's Lutheran Church. Food, clothing, household items at no charge, by appointment	Hours: M-T-W 10:00am-4:00pm Th 9:00am-12:00pm

USED MEDICAL EQUIPMENT

Foothills VNA 32 Union Street Winsted, CT 06098 860-738-7479	Used equipment available and will take donations of smaller items	Call for an appointment
Winsted Knights of Columbus 122 Marshall Street Winsted, CT 06098 860-379-6956	Used equipment available and will take donations. Will pick up large items	Call for an appointment
Winsted VFW 114 Colebrook River Road Winsted, CT 06098	Used equipment available and will take donations. Will pick up large items	Call for an appointment

TRANSPORTATION

<p>Dial-A-Ride Bus NW CT Transit District www.nwcttransit.com 860-489-2535 1-866-906-7433</p>	<p>Curb to curb transportation to Torrington. One-way fare adults: \$1.25 Students \$.90 Disables \$.65 Children under 5 - Free Out of town medical M-T-Th 9:00am-3:00pm</p>	<p>Hours: M-F 9:00am-3:00pm Must call 24 hours in advance for reservation</p>
<p>Winsted Senior Center Van 80 Holabird Avenue Winsted, CT 06098 860-379-4252</p>	<p>Curb to curb transportation within Winsted/Winchester for residents age 55+ & people with disabilities. Suggested donation \$1. Caregiver rides free with a passenger with a disability.</p>	<p>Hours: M-F, 8:45am-2:30pm Must call 24 hours in advance for reservation</p>
<p>Candystriper Bus Kelly Transit 860-489-7433</p>	<p>Local fixed bus route available for trips in Torrington, Winsted and Litchfield. Bus will travel up to ¾ mile off its route upon request.</p>	<p>Hours: M-F, 7:30am-5:00pm See bus routes and schedules at www.nwcttransit.com</p>
<p>Neighbors Helping Neighbors</p>	<p>Winsted group dedicated to helping neighbors through community projects and outreach</p>	<p>Online resource through Facebook</p>
<p>RITS Program (Rural Independent Transportation Program) Northwest Transit District 860-489-2535</p>	<p>Non-emergency medical trips for older adults and people with disabilities who are residents of the northwest hills to destination outside of the region. Donations are welcome.</p>	<p>Call to schedule ride as soon as you make your appointment. Availability is limited</p>
<p>The Salvation Army 716 Main Street Winsted, CT 06098 860-379-8444</p>	<p>Assistance with gasoline and automotive repairs. Must present current DL, registration and insurance</p>	<p>Call for more information Hours: M-F 8:30am-4:30pm Evening hours TBD</p>
<p>TRED 860-567-0863</p>	<p>Transportation for individuals with a mental health diagnosis</p>	<p>Call for appointment</p>
<p>VEYO 1-855-478-7350</p>	<p>Transportation for non-emergency medical appts for eligible CT Medicaid Husky A, C and D members</p>	<p>Call for appointment</p>
<p>American Cancer Society Road to Recovery 1-800-227-2345</p>	<p>Provides ambulatory cancer patients with transportation for cancer-related medical appts. Rides dependent on volunteer drivers</p>	<p>Call for appointment</p>

FUEL/ENERGY ASSISTANCE

<p>New Opportunities, Inc. Co-located with The Salvation Army 716 Main Street Winsted, CT 06098 860-738-9138</p>	<p>Application help for energy assistance and weatherization programs which eligibility depends on certain income and other requirements.</p>	<p>Hours: M-F 8:30am-4:30pm Evening hours TBD</p>
<p>The Salvation Army 716 Main Street Winsted, CT 06098 860-379-8444</p>	<p>Energy and utility assistance</p>	<p>Call for more information M-F 8:30am-4:30pm</p>

MENTAL & BEHAVIORAL HEALTH AND SUBSTANCE ABUSE

<p>Northwestern CT Abuse and Mental Health Resource Guide</p>	<p>Available at www.authenticrecovery.org/resources</p>	<p>Guide is updated monthly online</p>
<p>Narcotics Anonymous at Second Congregational Church 800 Main St. Winsted, CT 06098</p>	<p>Facilitated support group. More information at www.ctna.org/find-a-meeting</p>	<p>Meetings: Fri. 7:00pm</p>
<p>Narcotic Anonymous at Winchester Center Congregational Church 1 West Road Winchester Center, CT 06094</p>	<p>Facilitated support group. More information at www.ctna.org/find-a-meeting</p>	<p>Meetings: Tues. 7:00pm-9:00pm</p>
<p>Alcoholics Anonymous at Winchester Center Congregational Church 1 West Road Winchester Center, CT 06094</p>	<p>Facilitated support group. More information at www.ctna.org/find-a-meeting</p>	<p>Meetings: Fri. 7:00pm-9:00pm</p>
<p>Alcoholics Anonymous at United Methodist Church 630 Main St. Winsted, CT 06098</p>	<p>Facilitated support group. More information at www.ct-aa.org/find-a-meeting</p>	<p>Meetings: Regularly scheduled</p>

Winchester Youth Service Bureau 480 Main Street Winsted, CT 06098 860-379-0708 x111	Free youth & family short- term mental/behavioral health counseling and case management. Therapeutic in school program for at risk youths.	Call for an appointment. Requires school referral.
McCall Center 58 High Street Torrington, CT 06790 860-496-2100	Focused on recovery, prevention and community, provides a full range of alcohol and other drug prevention and treatment services.	Hours: M-F 8:00am-9:00pm
Western CT Mental Health Network Torrington Area 249 Winsted Road Torrington, CT 06790 Hotline: 860-496-3700	Hotline: Assessment and support for individuals services for potential crisis situations. www.CT.gov/dmhas	Hotline: 860-482-1560
Substance Abuse Walk-in Assessment Centers 21 Prospect St Torrington, CT 06790 860-482-7242 1-800-563-4086	State of CT. Department of Mental Health and Addiction Services “When you are ready to talk, we’re ready to listen” www.ct.gov/dmhas/walkins	Hours: M-Th 8:00am-9:00pm Fri. 8:00am-5:00pm Sat. 9:00am-5:00pm

CRISIS SERVICES

Hungerford Emergency and Medical Care at the Winsted Health Center 115 Spencer Street Winsted, CT (860) 738-6650	Health Care Center and Emergency Department	Hours: Open 7 days a week 9:00 am.-9:00 pm
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PET SERVICES

“For the Love of Jack” 860-689-3632	Animal and pet supplies for low income pet owners.	Call for information
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EMPLOYMENT ASSISTANCE

<p>Northwestern CT Community College (NCCC) Park Place East, Winsted, CT 06098 860-738-6300</p>	<p>Credit and non-credit education and training programs. NCCC's Academic Success Center provides free tutoring, academic support and career counseling to NCCC students</p>	<p>Hours: M-F 8:00am-4:00pm Recommend calling for an appointment</p>
<p>Northwestern CT Community College (NCCC) Center for Workforce Development 56 Park Place East Winsted, CT 06098</p>	<p>Education/Training Scholarships for SNAP recipients</p>	<p>Hours: M-Th 8:00am-1:00pm Recommend calling for an appointment</p>
<p>YMCA Literacy Volunteers – for Adults Winsted YMCA 480 Main Street Winsted, CT 06098 860-379-0708</p>	<p>Provides tutoring services at no charge for students of Litchfield County including one-on-one or small group tutoring. English to Speakers of Other Languages (ESOL), Classes provide help to improve English skills and public speaking skills</p>	<p>Call or email literacy@nwcty.org for more information</p>
<p>Beardsley & Memorial Library Munro Place Winsted, CT 06098 www.beardsleylibrary.org</p>	<p>Computer access and one-on-one help with job searches, resume writing, interviewing skills by appointment</p>	<p>Hours: T 10:00am-8:00pm W 10:00am-6:00pm Th 10:00am-8:00pm F 10:00am-6:00pm Sat 10:00am-2:00pm Call for an appointment</p>
<p>Goodwill Career Center 1849 East Main Street Torrington, CT 06790 860-489-8670</p>	<p>1:1 coaching, resume, interview, internet, email skills training, access on-line job openings and earn a GED</p>	<p>Hours: M-F 10:00am-2:00pm & 2:30pm-6:00pm</p>

CHILDREN/YOUTH SERVICES

<p>Diaper Bank at Second Congregational Church 800 Main Street Winsted, CT 06098 860-379-4766</p>	<p>Infant and toddler diapers supplied in a limited quantity at no cost</p>	<p>Hours: 1st & 3rd Wed. 5:00pm-6:30pm</p>
<p>CHAMPS after school enrichment program at Bacheller School 201 Pratt Street Winsted, CT. 06098 860-379-0828</p>	<p>Academically enriching programs during out of school hours to help children achieve higher academic performance during the school day</p>	<p>Call to register</p>
<p>HEAD START after school program at Bachelor School 201 Pratt Street Winsted, CT 06098 860-626-3296</p>	<p>Comprehensive, quality services including health, nutrition, parent support, education and mental health for children ages 0-5 years old and their families.</p>	<p>Call for more information</p>
<p>Winchester Youth Service Bureau 480 Main Street Winsted, CT 06098 860-379-0708 x111</p>	<p>Juvenile Review Board (JRB) Court diversional reviews</p>	<p>Call for more information</p>
<p>Winchester Youth Service Bureau 480 Main Street Winsted, CT 06098 860-379-0708 x111</p>	<p>Rising Stars Summer Camp, learn skills for building self-esteem and conflict resolution. Financial scholarships available and local bus transportation options ages 6-14 years old.</p>	<p>Summer M-F camp</p>
<p>Winsted Family Resource Center/Bachelor Early Education Center 201 Pratt Street Winsted, CT 06098 Call 860-379-5423 x5262</p>	<p>Parent education and support for Winsted families, family child care, free of charge, monthly preschool screenings, resources and referrals.</p>	<p>Call for more information</p>
<p>Brooker Memorial 157 Litchfield Street Torrington, CT 06790 860-489-1328</p>	<p>Dental services for children, up to age 21, insured through any of the State of Connecticut Title 19 HUSKY plans, private dental insurance and those without insurance.</p>	<p>Hours: Mon.-Sat. Call for an appointment:</p>

WARMING CENTERS

Winsted YMCA 480 Main Street Winsted, CT 06098	Homeless shelter and warming center	Access shelter by calling 2-1-1 860-379-0708
Open Door Soup Kitchen 160 Main St. Winsted, CT 860-738-2449	Warming center	TBD based on weather conditions
Winsted Town Hall 338 Main Street Winsted, CT 06098 860-738-6963	Warming center	TBD Call for hours
Winsted Senior Center 80 Holabird Avenue Winsted, CT 06098 860-379-4252	Warming center	TBD Call for hours
Beardsley & Memorial Library Munro Place Winsted, CT 06098 860-379-6043	Warming center	Normal Business Hours Tu. & Th. 10:00am-8:00pm W. & F. 10:00am-6:00pm Sat. 10:00am-2:00pm Additional hours as TBD
Winchester Center Fire Department 10 Newfield Road Winchester Center, CT 06094 860- 379-1750	Warming center	TBD Call for hours